

Family Support

GROUPS



For more information:



(714) 544-8488



namioc.org



edubinsky@namioc.org

In-Person

Second Friday

Led by Elaine Huber
6:30 PM - 8:00 PM

Mariner's Church

5001 Newport Coast Dr,
Irvine, CA 92603 (Room 203)

Second Wednesday

Led by Ellen Tarantino & Leslie
El-Sayad | 6:30 PM - 8:00 PM

St. Kilian Church

26872 Estanciero Drive
Mission Viejo, CA 92692
Parish Center Classrooms 4-5

Fourth Monday

Led by Lynne Thies & Christine
Fleckley | 6:00PM - 8:00 PM

Senior Center in Central Park

18041 Goldenwest St,
Huntington Beach, CA 92648

Online

First Wednesday

Led by Dr. Brian Licuanan, PhD
7:00 PM - 8:30 PM

Zoom Link:

<https://us02web.zoom.us/j/83059268756>

Meeting ID: 830 5926 8756

Faith-Based Online

Sunday Nights

Led by Lynn Boyce
6:30 PM - 8:00 PM

Zoom Link:

<https://us02web.zoom.us/j/89311714928>

Meeting ID: 893 1171 4928

Second Tuesday

Led by Wilfred & Neena Paltanwala
7:00 PM - 8:30 PM

Zoom link:

Email edubinsky@namioc.org for Zoom link

Second & Fourth Monday

Led by Nan Ibarra
7:00 PM - 8:30 PM

Zoom link:

Email Nan for link: nanibarra4@gmail.com

NAMI|OC

WarmLine

24/7 Mental Health Support

Call or Text: (714) 991-6412

Toll free: (877) 910-9276

LiveChat at: namioc.org

Email: wl@namioc.org

Please Note:

Support groups involve an active participation of each participant and are NOT open for observation at the time.

About Family Support Groups

These peer-led support groups are for any adult with a loved one who is living with a mental health condition. It encourages empathy, productive discussion and a sense of community. You'll benefit from other's experiences, discover your inner strength and empower yourself by sharing your own experiences in a non-judgmental space.

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Hybrid

Wednesday Nights

Led by Phyllis Lembke, Robert Ortega & Maria Del Refugio Lopez
6:00 PM - 7:00 PM

OC Health Care Clinic

14140 Beach Blvd #223
Westminster, CA 92683 (2nd Floor)

Zoom link:

<https://zoom.us/j/84967315318>
Meeting ID: 849-6731-5318

First & Third Monday

Led by Steve McNally & Liz Buckelew | 7:00 PM - 8:00 PM

Melinda Hoag Smith

Center for Healthy Living

307 Placentia Ave,
Newport Beach, CA 92663
Room 105A

First Monday Zoom Link:

<https://us02web.zoom.us/j/87880273138>

Meeting ID: 878 8027 3138

Third Monday Zoom Link:

<https://us02web.zoom.us/j/86022362367>

Meeting ID: 860 2236 2367

For Meeting Password, email

Steve McNally: stmcnally1@gmail.com

Liz Buckelew: lizsday@aol.com

Faith-Based

Hybrid

First & Third Thursday

Led by Charles & Mary Joy
7:00 PM - 8:30 PM

Fullerton Free Church

2801 N Brea Blvd,
Fullerton, CA 92835
North Campus Room 180

Zoom link:

Email Mary Joy for meeting link: mjoystudio@sbcglobal.net

Faith-Based

In-Person

Second & Fourth Wednesday

Led by JoAnn & Jerry Pyne
7:00 PM - 8:30 PM

St. Irenaeus Church

5201 Evergreen Ave.
Cypress, CA 90630
Youth Formation Office

Fourth Tuesday

Led by Wilfred & Neena Paltanwala | 7:00 PM - 8:30 PM
Wilfred: (714) 827-9356

Magnolia Baptist Church

720 S. Magnolia Ave.
Anaheim, CA 92804
Conference Room